

# Kinetic Health

Evidence Based Chiropractic,  
Registered Massage Therapy,  
Motion Specific Release, ART,  
Graston, & Acupuncture.

1234 - 12 Royal Vista Way NW.  
Destination Pointe Complex  
Calgary, Alberta  
T3R-2N0

Phone:  
403-241-3772

Fax:  
403-241-3846

Email:  
[kinetichealth@shaw.ca](mailto:kinetichealth@shaw.ca)

Website:  
[www.kinetichealth.ca](http://www.kinetichealth.ca)  
[www.motionspecificrelease.com](http://www.motionspecificrelease.com)

## Motor Vehicle Accident Report - Information and History

*This report, along with the **Standard Patient Admittance Form**, must **BOTH** be completed **before** arrival at the clinic. This level of detailed information is required in order for us to complete our diagnosis, especially if the case involves future litigation.*

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Family Name) (First Name) (Initials)

### Contact Information

Home Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone (h): \_\_\_\_\_ Phone (w): \_\_\_\_\_

Phone (c): \_\_\_\_\_ Email: \_\_\_\_\_

Note: All Email addresses are strictly confidential and are never given out to other sources. We maintain a no-spam policy. We use emails to confirm appointments, provide you with exercises, health updates, and clinic newsletters. Email also provides you with a means of asking your practitioner questions when they are not able to answer phone calls (while treating patients). At any time you can chose to opt-out of our email information.

### Details

Sex:  Male  Female Occupation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Name of Spouse: \_\_\_\_\_

### Insurance Company

Policy Number: \_\_\_\_\_ Claim Number: \_\_\_\_\_

Adjuster Name: \_\_\_\_\_ Adjuster Fax #: \_\_\_\_\_

### Health Information

Alberta Health Care #: \_\_\_\_\_

Family Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

### Emergency Contacts

Who should we contact if there is an emergency?

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### Would you like to see a particular Physician?

It does not matter  YES → If YES: →  Dr. Abelson  Dr. Mylonas

### How did you hear about Kinetic Health?



## Describe the Accident

**In this Report:**

Motor Vehicle Accident Report - Information and History.... 1  
Describe the Accident ..... 2  
Vehicle Information ..... 3  
Facts about the Patient *during* this MVA Accident .... 5  
Facts about the Patient *after* the MVA Accident..... 6  
Previous History of MVA Accidents ..... 7  
Chief Complaints after this Motor Vehicle Accident (MVA) ..... 8  
Clinic Information ..... 12

---

Did you go to the hospital after the accident?  YES  NO

---

Were X-rays or other diagnostic procedures used at the hospital?  YES  NO  
If YES, what treatment procedures were used, and what were the results?

---

Did you receive treatment or medication at the hospital?  YES  NO  
If YES, what treatment or medication or advice was given at the hospital?

---

Have you seen any other practitioners about this accident (beside the hospital) before coming to our clinic?  YES  NO  
If YES, what examinations, treatment, diagnosis or advice have you been given?



## Vehicle Information

Patient Vehicle - check the correct options	
<p>What was the <b>make</b> of your car/truck?</p> <p>What was the <b>size</b> of your car/truck?</p> <hr/> <p>How far did your car move after being struck? _____ in/ft.</p> <hr/> <p>What was the approximate <b>speed</b> of your car at the time of the collision?</p> <p><input type="checkbox"/> Standing still <input type="checkbox"/> 5 to 10 mph <input type="checkbox"/> 10 to 15 mph <input type="checkbox"/> Other _____</p> <hr/> <p>If your vehicle was <b>standing still</b> at the time of the collision, did you have your foot or feet:</p> <p><input type="checkbox"/> Pressed on the brake? <input type="checkbox"/> Resting on the brake? <input type="checkbox"/> Off the brake?</p> <p>What <b>direction</b> did the striking vehicle come from?</p> <p><input type="checkbox"/> Head-on <input type="checkbox"/> From behind <input type="checkbox"/> Right side <input type="checkbox"/> Left side</p> <hr/> <p>Did your vehicle <b>strike another vehicle</b> after the initial impact?      <input type="checkbox"/> YES   <input type="checkbox"/> NO</p> <hr/> <p>Did <b>air bags</b> deploy?      <input type="checkbox"/> YES   <input type="checkbox"/> NO</p>	<p>What kind of <b>surface</b> were you driving on?</p> <p><input type="checkbox"/> Dry pavement <input type="checkbox"/> Wet pavement <input type="checkbox"/> Gravel <input type="checkbox"/> Snow <input type="checkbox"/> Other _____</p> <hr/> <p>What direction was your car's <b>front tire</b> facing when your vehicle was struck?</p> <p><input type="checkbox"/> Straight ahead <input type="checkbox"/> Right <input type="checkbox"/> Left</p> <hr/> <p><input type="checkbox"/> Were you the <b>driver</b>?      <input type="checkbox"/> YES   <input type="checkbox"/> NO</p> <hr/> <p>If <b>NO</b>, where were you sitting?</p> <p><input type="checkbox"/> Front left      <input type="checkbox"/> Back left <input type="checkbox"/> Front middle      <input type="checkbox"/> Back middle <input type="checkbox"/> Front right      <input type="checkbox"/> Back right</p> <p>Were you <b>wearing seat belts</b>?   <input type="checkbox"/> YES   <input type="checkbox"/> NO If <b>YES</b>, what kind?</p> <p><input type="checkbox"/> Shoulder only <input type="checkbox"/> Lap only <input type="checkbox"/> Combination of shoulder and lap</p> <hr/> <p>Was there any <b>damage</b> to your vehicle?      <input type="checkbox"/> YES   <input type="checkbox"/> NO</p> <p>If <b>YES</b>, provide details.</p>

## Motor Vehicle Accident Report - Information and History

### Striking Vehicle - check the correct options

What was the **make** of the striking car/truck?

---

What was the **size** of the striking car/truck?

---

What was the approximate **speed** of the striking vehicle at the time of the collision?

- Standing still                       5 to 10 mph \_\_\_\_\_  
 10 to 15                               Other \_\_\_\_\_

Was there any **damage** to the striking vehicle?                       YES                       NO

If **YES**, what type and degree of damage?

### Vehicular and Patient Relationship

#### Seat and Head Rest - check the correct options

Did your seat have a **headrest**?                       YES                       NO

---

If your seat had a headrest, where was the top of the headrest in **relationship** to the **top of your head**?

If your seat had a headrest, how far away was the headrest in relationship to the **back of your head**?

- 0 to 1 inch  
 1 to 2 inches  
 2 to 3 inches  
 Estimated distance \_\_\_\_\_

- The top of the headrest came **below** the top of my head by \_\_\_\_\_ inches.  
 The top of the headrest was **even** with my head.  
 The top of the headrest was **above** my head by \_\_\_\_\_ inches.

## Facts about the Patient *during* this MVA Accident

Check the appropriate options

Did you **realize** that your car was going to be hit by the other car?

- YES       NO

If **YES**, did you brace your arms and legs?

- YES       NO

---

When your car was struck, **what direction** were you looking?

- Straight ahead                       To the left  
 Looking down                         To the right  
 Looking up

Did you lose consciousness after impact?

- YES       NO

If **YES**, for how long?

Did your **head strike** any objects during the impact (for example: window, steering wheel, etc.)?

- YES       NO

If **YES**, provide details:

Did you experience any of the following after the accident?

- Blurred Vision  
 Confusion  
 Extreme drowsiness  
 Loss of Short Term Memory  
 Nausea or Vomiting  
 Severe headache  
 Trouble understanding conversations  
 OTHER – Provide details

## Facts about the Patient *after* the MVA Accident

Check the appropriate options	
<p>What do you remember <b>immediately after</b> the accident?</p>	<p>Since the accident have you noticed any of the following symptoms?</p> <p>Headaches <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Light-headedness <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Dizziness or spinning sensation <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Poor concentration <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Nausea or vomiting <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Irritability, feeling frustrated <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Easily tired <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Problems sleeping <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Intolerance of loud noises <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p> ringing in the ears <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Intolerance bright lights <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Feeling anxious <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Feeling depressed <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Crying for no apparent reason <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Memory problems <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>Lack of awareness of surroundings <input type="checkbox"/> YES <input type="checkbox"/> NO</p>



## Previous History of MVA Accidents

Check the appropriate options	
<p>Have you ever been in a previous motor vehicle accident?</p> <p><input type="checkbox"/> YES      <input type="checkbox"/> NO</p> <p>Patient Signature: _____</p> <p><input type="checkbox"/> If <i>YES</i>, please provide all information about prior accidents.</p> <p><input type="checkbox"/> If <i>NO</i>, proceed to the next section.</p>	<p><b>Date and location of previous MVA #1:</b></p> <p>1. Injuries sustained during prior accident (MVA):</p> <p>2. Name of practitioners who provided treatments for prior accident (if known)</p> <p>3. Were all symptoms from this prior accident resolved before your most recent accident? <input type="checkbox"/> YES   <input type="checkbox"/> NO <input type="checkbox"/> If <i>NO</i>, what symptoms of this prior accident persisted?</p> <p><input type="checkbox"/> If <i>NO</i>, then did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? <input type="checkbox"/> YES   <input type="checkbox"/> NO</p>
<p><b>Date and location of previous MVA #2:</b></p> <p>1. Injuries sustained during prior accident (MVA):</p> <p>2. Name of practitioners who provided treatments for prior accident (if known)</p> <p>3. Were all symptoms from this prior accident resolved before your most recent accident? <input type="checkbox"/> YES   <input type="checkbox"/> NO <input type="checkbox"/> If <i>NO</i>, what symptoms of this prior accident persisted?</p> <p><input type="checkbox"/> If <i>NO</i>, then did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? <input type="checkbox"/> YES   <input type="checkbox"/> NO</p>	<p><b>Date and location of previous MVA #3:</b></p> <p>1. Injuries sustained during prior accident (MVA):</p> <p>2. Name of practitioners who provided treatments for prior accident (if known)</p> <p>3. Were all symptoms from this prior accident resolved before your most recent accident? <input type="checkbox"/> YES   <input type="checkbox"/> NO <input type="checkbox"/> If <i>NO</i>, what symptoms of this prior accident persisted?</p> <p><input type="checkbox"/> If <i>NO</i>, then did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? <input type="checkbox"/> YES   <input type="checkbox"/> NO</p> <p><input type="checkbox"/></p>

## Chief Complaints after this Motor Vehicle Accident (MVA)

Provide required details

Describe all the symptoms and conditions from which you suffered after the current MVA accident.

Describe the **physical problems** that you have. Use additional pages if necessary.



## Motor Vehicle Accident Report - Information and History

What are your primary injuries resulting from this motor vehicle accident?  
Please list each area or area of symptoms of the body separately.

### Chief Complaint #1:

Area of injury:

Onset:

Is this area of injury a direct result of this MVA:

YES  NO

Provocative Factors:

What makes this area of complaint worse?

What makes this area of complaint better?

Quality of Pain:

What words would you use to describe the pain?

Radiation of Pain:

Where is the pain located, and does it radiate to anywhere else from this point?

Severity of Pain:

On a scale from 1 to 10, 1 being minimal pain and 10 being worst pain you can imagine, where on this scale is your current level of pain

1 2 3 4 5 6 7 8 9 10

Time:

- The pain is constant.
- The pain worse in the morning.
- The pain worse in the evening.
- The level of pain varies with body position (sitting, standing, lying down).
- The level of pain is worse with motion.
- The level of pain is better with motion.

### Chief Complaint #2:

Area of injury:

Onset:

Is this area of injury a direct result of this MVA:

YES  NO

Provocative Factors:

What makes this area of complaint worse?

What makes this area of complaint better?

Quality of Pain:

What words would you use to describe the pain?

Radiation of Pain:

Where is the pain located, and does it radiate to anywhere else from this point?

Severity of Pain:

On a scale from 1 to 10, 1 being minimal pain and 10 being worst pain you can imagine, where on this scale is your current level of pain

1 2 3 4 5 6 7 8 9 10

Time:

- The pain is constant.
- The pain worse in the morning.
- The pain worse in the evening.
- The level of pain varies with body position (sitting, standing, lying down).
- The level of pain is worse with motion.
- The level of pain is better with motion.

## Motor Vehicle Accident Report - Information and History

### Chief Complaint #3:

Area of injury:

Onset:

Is this area of injury a direct result of this MVA:

YES       NO

Provocative Factors:

What makes this area of complaint worse?

What makes this area of complaint better?

Quality of Pain:

What words would you use to describe the pain?

Radiation of Pain:

Where is the pain located, and does it radiate to anywhere else from this point?

Severity of Pain:

On a scale from 1 to 10, 1 being minimal pain and 10 being worst pain you can imagine, where on this scale is your current level of pain

1 2 3 4 5 6 7 8 9 10

Time:

- The pain is constant.
- The pain worse in the morning.
- The pain worse in the evening.
- The level of pain varies with body position (sitting, standing, lying down).
- The level of pain is worse with motion.
- The level of pain is better with motion.

### Chief Complaint #4:

Area of injury:

Onset:

Is this area of injury a direct result of this MVA:

YES       NO

Provocative Factors:

What makes this area of complaint worse?

What makes this area of complaint better?

Quality of Pain:

What words would you use to describe the pain?

Radiation of Pain:

Where is the pain located, and does it radiate to anywhere else from this point?

Severity of Pain:

On a scale from 1 to 10, 1 being minimal pain and 10 being worst pain you can imagine, where on this scale is your current level of pain

1 2 3 4 5 6 7 8 9 10

Time:

- The pain is constant.
- The pain worse in the morning.
- The pain worse in the evening.
- The level of pain varies with body position (sitting, standing, lying down).
- The level of pain is worse with motion.
- The level of pain is better with motion.

## Motor Vehicle Accident Report - Information and History

### Chief Complaint #5:

Area of injury:

Onset:

Is this area of injury a direct result of this MVA:

YES       NO

Provocative Factors:

What makes this area of complaint worse?

What makes this area of complaint better?

Quality of Pain:

What words would you use to describe the pain?

Radiation of Pain:

Where is the pain located, and does it radiate to anywhere else from this point?

Severity of Pain:

On a scale from 1 to 10, 1 being minimal pain and 10 being worst pain you can imagine, where on this scale is your current level of pain

1 2 3 4 5 6 7 8 9 10

Time:

- The pain is constant.
- The pain worse in the morning.
- The pain worse in the evening.
- The level of pain varies with body position (sitting, standing, lying down).
- The level of pain is worse with motion.
- The level of pain is better with motion.

### Chief Complaint #6:

Area of injury:

Onset:

Is this area of injury a direct result of this MVA:

YES       NO

Provocative Factors:

What makes this area of complaint worse?

What makes this area of complaint better?

Quality of Pain:

What words would you use to describe the pain?

Radiation of Pain:

Where is the pain located, and does it radiate to anywhere else from this point?

Severity of Pain:

On a scale from 1 to 10, 1 being minimal pain and 10 being worst pain you can imagine, where on this scale is your current level of pain

1 2 3 4 5 6 7 8 9 10

Time:

- The pain is constant.
- The pain worse in the morning.
- The pain worse in the evening.
- The level of pain varies with body position (sitting, standing, lying down).
- The level of pain is worse with motion.
- The level of pain is better with motion.

## Motor Vehicle Accident Report - Information and History

### Clinic Information

#### Office Hours

Monday 10:00 AM to 7:00 PM	Tuesday 9:00 AM to 7:00 PM	Wednesday 8:00 AM to 6:00 PM	Thursday 10:00 AM to 7:00 PM	Friday 7:00 AM to 5:00 PM	Saturday 9:00 to Closing	Sunday Closed
----------------------------------	----------------------------------	------------------------------------	------------------------------------	---------------------------------	--------------------------------	------------------

Note: Kinetic Health is closed on all statutory holidays.

#### Fee Schedule

- For information about specific fees, please phone our clinic at **403-241-3772**.
- Payment is due upon services being rendered. We kindly accept cash, debit card, MasterCard, Visa and American Express.
- In ALL Cases: Patients are responsible for any payments that are not reimbursed by their insurance. Ultimately, it is the patient's responsibility to pay for all costs incurred at Kinetic Health Clinic.

#### Extended Health Insurance

##### ***(We Submit Claims from Most Health Policies)***

Both TELUS Health and BlueCross Health Care now offer a secure system that links us directly to your health care insurance, and allows us to submit your treatment claims directly to your insurance company. We, at Kinetic Health, are happy to submit insurance claims on your behalf - immediately after your payment has been processed by Kinetic Health.

All we need from you is some basic information, along with your authorization, so that we can set up the *Direct Claims Submissions* on your behalf. Here is the simple process:

1. Provide your insurance information to Kinetic Health.
2. Sign to authorize and allow Kinetic Health to submit a claim on your behalf.
3. Immediately after your treatment, pay for your treatment at the front desk.
4. We submit your claims information directly to your insurance company via a secure system.
5. Within one to three weeks (in most cases) your insurance company will either mail you a cheque, or deposit the claim amount directly into your bank account (depending on the arrangements you have made with your insurance company).

The amount of reimbursement you receive is dependent on your insurance coverage. Many insurance plans cover a set amount per year for Chiropractic and Massage treatments, while others cover a percentage of treatment (80% to 100% of treatment costs). It is well worth registering for this process, as the claim is quickly processed, and the money is soon back in your pocket!

#### Motor Vehicle Accident Cases

Kinetic Health accepts MVA cases. Please be sure to notify the staff at Kinetic Health in advance if your claim is to be processed through MVA insurance.

#### Worker's Compensations Board

Kinetic Health accepts WCB cases. If your claim is to be processed through WCB insurance, please notify the staff at Kinetic Health in advance.

#### Contact Information

Phone: 403-241-3772  
Fax: 403-241-3846  
Email: [kinetichealth@shaw.ca](mailto:kinetichealth@shaw.ca)  
Web Sites: [www.kinetichealth.ca](http://www.kinetichealth.ca) / [www.releaseyourbody.com](http://www.releaseyourbody.com)

